

# NEWBORN ESSENTIALS CHECKLIST

## CLOTHING

- 7x onesies
- 7x baby vests
- 7x pairs of baby socks
- 2-3x swaddle blankets
- Newborn hat

## NAPPIES

- 2-6x packs of nappies
- 2x packs of baby wipes
- Changing matt
- Disposable nappy bags

## TOILETRIES

- 3x baby flannels
- Baby sponge
- Newborn friendly bodywash
- Newborn friendly lotion

## GADGETS & FURNITURE

- Car seat
- Pram

## BEDDING AND SLEEPING

- Cot (or alternative)
- Mattress
- 3-4x bed sheets
- Waterproof mattress cover
- Baby monitor

## FEEDING SUPPLIES

- Muslin cloths
- 10 bibs

### BREASTFEEDING:

- Nursing pads
- Nipple cream
- Breastpump, bottles and bottle nipples (optional)

### BOTTLE-FEEDING:

- 5-8x bottles
- A bottle brush
- Breastpump
- Bottle nipples, in lots of sizes
- Formula (if taking this route)

## MEDICINES & CARE

- Baby nail clippers
- Digital thermometer
- Baby medicine syringe

## MY EXTRA PICKS

ADD YOUR OWN:

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